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SpaceOAR® is a non-invasive, temporary spacer that is placed between the prostate and the rectum before radiation therapy. This spacer helps to reduce the risk of rectal side effects by keeping the rectum away from the radiation field. SpaceOAR is made of a soft, porous material that is inserted into the rectum through the rectum. It is removed after radiation therapy is completed.

- SpaceOAR is a non-invasive, temporary spacer that is placed between the prostate and the rectum before radiation therapy. This spacer helps to reduce the risk of rectal side effects by keeping the rectum away from the radiation field. SpaceOAR is made of a soft, porous material that is inserted into the rectum through the rectum. It is removed after radiation therapy is completed. SpaceOAR is a non-invasive, temporary spacer that is placed between the prostate and the rectum before radiation therapy. This spacer helps to reduce the risk of rectal side effects by keeping the rectum away from the radiation field. SpaceOAR is made of a soft, porous material that is inserted into the rectum through the rectum. It is removed after radiation therapy is completed.

About Your Fiducial Marker and Rectal Spacer Placement (www.mskcc.org/cancer-care/patient-education/about-placement-fiducial-markers-and-rectal-spacers-radiation-therapy-your-prostate)

Sperm Banking (www.mskcc.org/cancer-care/patient-education/sperm-banking)

Building Your Family After Cancer Treatment: For People Born With Testicles (www.mskcc.org/cancer-care/patient-education/building-family-born-with-testicles)

- **Simethicone (simethicone)** (125 mg) **2 (125 mg)** |
- **Simethicone (simethicone)** (125 mg) **2 (125 mg)** |

Simethicone (simethicone)

Simethicone is a medication used to relieve gas and bloating. It works by breaking up gas bubbles in the stomach and intestines, making it easier to pass. It is available over-the-counter in various forms, including tablets, capsules, and liquid. Simethicone is generally safe and effective, with few side effects. It is often used to treat symptoms of indigestion, heartburn, and gas. The active ingredient, simethicone, is a silicon-based compound that coats gas bubbles, reducing their surface tension and allowing them to be absorbed or passed more easily.

Simethicone is available in various strengths and formulations. Common strengths include 40 mg, 80 mg, and 125 mg. It is often found in combination with other medications, such as antacids, to provide relief from multiple symptoms. The medication is typically taken after meals and at bedtime. It is important to follow the instructions on the label and consult with a healthcare provider if you have any questions or concerns.

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- 2 (125 mg) (simethicone) ...
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(acetaminophen) (Tylenol®)

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- 2 (125 mg) (simethicone) mg

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MSK's www.cancer.org | 800-227-2345

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... *Managing Cancer-Related Fatigue with Exercise* (www.mskcc.org/cancer-care/patient-education/managing-cancer-related-fatigue-exercise) ...

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www.mskcc.org/integrativemedicine

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