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PATIENT & CAREGIVER EDUCATION

# Getting Rid of Unused Medicine With a DisposeRx® Kit

This information describes how to get rid of your unused medicine with a DisposeRx kit.

## About getting rid of unused medicine

It's important to get rid of your unused medicine when you do not need them anymore. This will keep anyone from using them.

Some medicine, including narcotics (opioids), can be harmful or dangerous if you do not follow following your healthcare provider's instructions.

Most medicine cannot be flushed down the toilet or drain. Flushing unused medicine down the toilet or putting it down the drain can damage our water supply and harm wildlife. You can use a DisposeRx kit to safely get rid of your unused medicine.

## What is a DisposeRx kit?

A DisposeRx kit has a powder that dissolves (melts) your medicine into a gel. This keeps anyone from using it and makes it safe to throw away in your regular trash.

You can request a DisposeRx kit at the MSK Retail Pharmacy locations at the end of this resource.

# How to use a DisposeRx kit

To get rid of your unused medication with a DisposeRx kit:

1. Remove the prescription label from the pill bottle.
2. Open the pill bottle and fill it with warm water until it's  $\frac{2}{3}$  full.
3. Empty the packet of the DisposeRx kit into the pill bottle.
4. Put the cap back on the pill bottle. Make sure the cap is on tight.
5. Shake the pill bottle for 30 seconds.
6. Throw the pill bottle and empty packet into the trash.

**Do not eat, drink, or inhale (breathe in) the powder or gel.**

For more information about using a DisposeRx kit, talk with your pharmacist.

## Where to get a DisposeRx kit at MSK

Ask for a DisposeRx kit at the following MSK Retail Pharmacy locations:

### MSK Manhattan sites

#### Rockefeller Pavilion at 53<sup>rd</sup> Street

3<sup>rd</sup> Floor, Room 352

Monday to Friday, 9 a.m. to 5:45 p.m.

646-888-0731

#### Breast and Imaging Center at 66<sup>th</sup> Street

3<sup>rd</sup> Floor, Room 302

Monday to Friday, 9 a.m. to 5:45 p.m.

646-888-0732

#### David H. Koch Center for Cancer Care

1<sup>st</sup> Floor Lobby, Room 01-101

Monday to Friday, 9 a.m. to 5 p.m.

646-888-0735

## **MSK Regional sites**

### **MSK Basking Ridge**

Concourse Level, Suite 171  
Monday to Friday, 9 a.m. to 5 p.m.  
908-542-3443

### **MSK at Bergen Retail Pharmacy**

Concourse level, Room 1001  
Monday to Friday, 9 a.m. to 5 p.m.  
201-775-7055

### **MSK Monmouth**

Concourse Level, Room 1136  
Monday to Friday, 9 a.m. to 5 p.m.  
848-225-6060

### **MSK Westchester**

Concourse Level, Room 2204  
Monday to Friday, 9 a.m. to 5 p.m.  
914-367-7016

### **MSK Commack**

1<sup>st</sup> Floor Lobby, Room 1401  
Monday to Friday, 9 a.m. to 5 p.m.  
631-212-6110

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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