



PATIENT & CAREGIVER EDUCATION

Cellfood

This information describes the common uses of Cellfood, how it works, and its possible side effects.

Tell your healthcare providers about any dietary supplements you're taking, such as herbs, vitamins, minerals, and natural or home remedies. This will help them manage your care and keep you safe.

What is it?

Cellfood has not been shown to treat or cure cancer.

Cellfood is a line of dietary supplements sold over the internet and in health food stores. Promoters claim that it contains minerals, enzymes, amino acids, and dissolved oxygen, which hyperoxygenates the body.

Lab studies suggest that Cellfood has antioxidant effects, and causes some cancer cells to die, but these effects have not been shown in humans. In addition, supplements with antioxidant properties are not recommended during chemotherapy and radiotherapy.

What are the potential uses and benefits?

There is no scientific evidence to support use of Cellfood for the following uses:

- To prevent or treat cancer
- To enhance athletic performance

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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