

PATIENT & CAREGIVER EDUCATION

High-Dose Methotrexate Infusion Medication and Urine Log

Bring this log to all your chemo and hydration infusion appointments.

Leucovorin: Take	tablets every 6 hours.
Sodium bicarbonate: T	ake tablets every 6 hours.

Every time you take your medications, mark it in the table below. This will help you keep track and avoid missing a dose.

	Date	Time	Leucovorin	Sodium bicarbonate
Day -1:		6 p.m.	8	
Preparation		12 a.m. (midnight)	8	
		6 a.m.	8	
Day 1: Methotrexate		12 p.m. (noon)	8	
infusion		6 p.m.	8	
		12 a.m. (midnight)	×	
		6 a.m.	8	
Day 2:		12 p.m. (noon)		
Hydration		6 p.m.		
		12 a.m. (midnight)		

	Date	Time	Leucovorin	Sodium bicarbonate
		6 a.m.		
Day 3:		12 p.m. (noon)		
Hydration		6 p.m.		
		12 a.m. (midnight)		
		6 a.m.		
Day 4:		12 p.m. (noon)		
Hydration		6 p.m.		
		12 a.m. (midnight)		
		6 a.m.		
Day 5:		12 p.m. (noon)		
Hydration		6 p.m.		
		12 a.m. (midnight)		
		6 a.m.		
Day 6:		12 p.m. (noon)		
Hydration		6 p.m.		
		12 a.m. (midnight)		

Urine Log

Every time you urinate (pee) after you leave your chemo and hydration infusion appointments, measure the amount and pH. Write it in the table below.

Your urine pH should always be 7 or above. If it's less than 7, take _____ extra tablets of sodium bicarbonate.

Name:
Urine output at discharge:
Urine output goal day 1: Date:
Urine output goal days 2 to 5: Dates:

Day #	Amount of Urine	Urine pH

Day #	Amount of Urine	Urine pH

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Day #	Amount of Urine	Urine pH

Day #	Amount of Urine	Urine pH	Day #	Amount of Urine	Urine pH		Day #

For more resources, visit www.mskcc.org/pe to search our virtual library.

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