



PATIENT & CAREGIVER EDUCATION

High-Dose Methotrexate Infusion Medication and Urine Log

Bring this log to all your chemo and hydration infusion appointments.

Leucovorin: Take ____ tablets every 6 hours.

Sodium bicarbonate: Take ____ tablets every 6 hours.

Every time you take your medications, mark it in the table below. This will help you keep track and avoid missing a dose.

	Date	Time	Leucovorin	Sodium bicarbonate
Day -1: Preparation		6 p.m.	⊗	
		12 a.m. (midnight)	⊗	
Day 1: Methotrexate infusion		6 a.m.	⊗	
		12 p.m. (noon)	⊗	
		6 p.m.	⊗	
		12 a.m. (midnight)	⊗	
Day 2: Hydration		6 a.m.	⊗	
		12 p.m. (noon)		
		6 p.m.		
		12 a.m. (midnight)		

	Date	Time	Leucovorin	Sodium bicarbonate
Day 3: Hydration		6 a.m.		
		12 p.m. (noon)		
		6 p.m.		
		12 a.m. (midnight)		
Day 4: Hydration		6 a.m.		
		12 p.m. (noon)		
		6 p.m.		
		12 a.m. (midnight)		
Day 5: Hydration		6 a.m.		
		12 p.m. (noon)		
		6 p.m.		
		12 a.m. (midnight)		
Day 6: Hydration		6 a.m.		
		12 p.m. (noon)		
		6 p.m.		
		12 a.m. (midnight)		

Urine Log

Every time you urinate (pee) after you leave your chemo and hydration infusion appointments, measure the amount and pH. Write it in the table below.

Your urine pH should always be 7 or above.

If it's less than 7, take _____ extra tablets of sodium bicarbonate.

Name: _____

Urine output at discharge: _____

Urine output goal day 1: _____

Date: _____

Urine output goal days 2 to 5: _____

Dates: _____

Day #	Amount of Urine	Urine pH

Day #	Amount of Urine	Urine pH

Day #	Amount of Urine	Urine pH

