



PATIENT & CAREGIVER EDUCATION

Dating After a Cancer Diagnosis

Navigating the dating world after a cancer diagnosis can be tricky. From the fear of disclosing a diagnosis to insecurities around bodily changes, to the emotional baggage patients feel they're bringing into a relationship, diving back into the dating pool comes with its challenges. In this episode, [Dr. Diane Reidy-Lagunes](#) sheds light on the universality of these fears with advice from MSK psychologist [Talia Zaider](#) and cancer survivor [Irene Dimatulac](#). Through personal anecdotes and expert insights, they provide a nuanced look at the dating experience for cancer survivors and offer guidance for how to move forward with readiness and self-love.

Cancer Straight Talk from MSK is a podcast that brings together patients and experts, to have straightforward evidence-based conversations. Memorial Sloan Kettering's [Dr. Diane Reidy-Lagunes](#) hosts, with a mission to educate and empower patients and their family members.

Go to www.mskcc.org/pe/cancer_straight_talk_dating to listen to this podcast episode.

For more information and to ask a question, please visit www.mskcc.org/podcast.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Dating After a Cancer Diagnosis - Last updated on March 22, 2023

All rights owned and reserved by Memorial Sloan Kettering Cancer Center