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PATIENT & CAREGIVER EDUCATION

# Cancer Straight Talk: Mental Health in the Time of COVID (Podcast)

In this episode, Dr. Diane Reidy-Lagunes speaks with MSK's chair of psychiatry, Dr. William Breitbart, about the unique mental toll that a worldwide pandemic has on cancer patients and caregivers alike. Dr. Breitbart shares strategies for coping and finding hope in the midst of uncertainty.

Go to

[www.mskcc.org/pe/cancer\\_straight\\_talk\\_mental\\_health\\_covid](http://www.mskcc.org/pe/cancer_straight_talk_mental_health_covid) to listen to this podcast episode.

For more information and to ask a question, please visit [mskcc.org/podcast](http://mskcc.org/podcast).

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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