



DISCHARGE INSTRUCTIONS FOLLOWING PLACEMENT OF *SPRINT*[®] PERIPHERAL NERVE STIMULATION SYSTEM

If your question is not answered here, please ask your nurse or doctor for more information.

ACTIVITY

- Limit strenuous physical activity & motion (such as twisting, bending, climbing, lifting) near the implant for at least one week. Avoid excessive stress (tugging, pressure, heat) that may damage the stimulation system.
- You may resume exercise and/or physical therapy when directed by your doctor.
- Do not use the system while driving, operating machinery, or during any activity in which sudden muscle tension may put you at risk of injury.
- Never soak the exit site in water. It is okay to shower. Always remove the Pulse Generator (stimulator) and Mounting Pad from your body and keep the Waterproof Bandage over your exit site when showering.
- Review the *Warnings, Precautions & Risks* section in the *Patient Instructions for Use* for potential hazards that may cause injury, discomfort, or damage to your system. Examples include MRI & diathermy.

SYSTEM USE AT HOME

- Make sure that the Pulse Generator is snapped onto a Mounting Pad. The entire surface of the Mounting Pad must be in contact with your skin. Check that all cables are firmly connected.
- Turn stimulation ON  for the following amount each day (*check one*): 6-12 hours 24 hours
- If stimulation feels uncomfortable or painful, decrease the intensity to a level that is comfortable.
- Replace & recharge the Pulse Generator battery when the battery icon on your remote shows 1 bar .
- Always have one battery charging in the Recharging Base so that you never miss your daily therapy.

CLEANING & CARE

- A MicroLead (thin, thread-like wire) exits your skin under the Waterproof Bandage. Do not pull on it.
- Change the Waterproof Bandage & Cradle when they become soiled, damp, or no longer adhere well to the skin (about every 4-5 days). Take care when removing these to prevent pulling the MicroLead out.
- Clean skin under the bandage with mild soap & water OR wipe skin with an alcohol pad. Allow skin to dry.
- When placing a new bandage, make sure that no part of the adhesive touches the MicroLead or Connector.
- Review the *Changing the Bandage and Cradle* section of the *QUICK START GUIDE* for detailed instructions.
- Check the skin under the bandage for redness, swelling, drainage, or bleeding during bandage changes.
- If any of these signs are present, or if your MicroLead(s) pull out, notify your doctor and an SPR Therapeutics representative:

TROUBLESHOOTING

- Review the *QUICK START GUIDE* and the *Appendix B: Troubleshooting* section in the *Patient Instructions for Use* for assistance with your device.
- Additional instructional videos and patient resources are available at the SPR Therapeutics website: <https://www.sprtherapeutics.com/quickstart>
- If you are running low on any supplies, or if you need help with other questions, problems, or errors on your remote, please call an SPR Therapeutics representative:

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ADDITIONAL INSTRUCTIONS

SIGNATURE OF PATIENT OR RESPONSIBLE PARTY

DATE