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PATIENT & CAREGIVER EDUCATION

# Transitioning Your Breast Cancer Care from MSK to Your Primary Care Provider

This information explains how your breast cancer care will be transitioned from Memorial Sloan Kettering (MSK) to your primary care provider. It also answers some frequently asked questions.

## Your Care at MSK

At MSK, we have a plan of care for people who have completed treatment for breast cancer. This plan is based on your needs. You have passed the time when most problems from breast cancer happen. This means you can start seeing your primary care provider for your future healthcare needs. This transition may seem scary at first, but we're here to help you.

## Transition to your primary care provider

Your MSK doctor or survivorship NP will send your primary care provider a detailed summary of your care at MSK and copies of your test results. This report will also include any recommendations based on the breast cancer treatment you received.

## Frequently Asked Questions

### Will I need any other care for my breast cancer?

You should have a breast and chest wall exam every year. You should also have a mammogram if you need to.

## **Can I still have my mammogram at MSK?**

It's your choice. You can have your mammograms done by another radiologist or you can continue getting them at MSK.

If you want to have your mammograms done by another radiologist, we can give you a disk of your old mammogram images for comparison.

If you want to continue getting your mammograms at MSK, you can go to the Evelyn H. Lauder Breast and Imaging Center at 300 East 66<sup>th</sup> Street (at Second Avenue) or any other MSK regional site. These locations are listed in the "Screening Mammography Locations" section of this resource. You will need to call the location of your choice to schedule your mammogram appointment.

You will also need a prescription from your primary care provider so that your test results can be sent to that office.

## **What other care will I need?**

You should follow your primary care provider's recommendations for routine health screenings, including gynecological exams and bone density tests. We can send your test results to your doctor and they will order them in the future. It's important to take care of your bone health especially if you took hormonal therapy.

You should continue to follow our recommendations for diet and exercise. You can take your supplements or medications as prescribed.

## **What other blood tests will I need?**

You no longer need blood tests related to your breast cancer. Your primary care provider will order tests related to your general health.

## **I see other MSK doctors. Can I continue to do so?**

Talk with your MSK doctor and primary care provider about planning your care. Some people transfer other care they receive at MSK to their primary care doctor or a specialist in their community. Other people keep seeing doctors at MSK. Your MSK doctors and primary care provider can help you

decide what's best for you.

## **What if I have another problem related to breast cancer and need to come back to MSK?**

If you have any problems related to breast cancer, we want you to come back to MSK. We will give you and your primary care provider contact information to make an appointment. As a returning patient, you can make an appointment by calling 866-280-0449.

## **Screening Mammography Locations**

### **New York**

#### **Evelyn H. Lauder Breast and Imaging Center-Breast Screening Program**

300 E. 66<sup>th</sup> Street (corner 2<sup>nd</sup> Avenue)

New York, NY 10065

To schedule an appointment, call 646-227-3700. You need to send your prescription before your appointment.

[www.mskcc.org/cancer-care/outpatient/breast-screening-services](http://www.mskcc.org/cancer-care/outpatient/breast-screening-services)

#### **MSK Westchester**

500 Westchester Avenue

West Harrison, NY 10604

To schedule an appointment, call 646-227-3700. You need to send your prescription before your appointment.

[www.mskcc.org/cancer-care/suburban-outpatient/msk-west-harrison](http://www.mskcc.org/cancer-care/suburban-outpatient/msk-west-harrison)

#### **MSK Commack Nonna's Garden Foundation Center**

650 Commack Road

Commack, NY 11725

To schedule an appointment, call 631-623-4300 and fax your prescription to 631-864-4318. You need to fax your prescription before you can schedule an appointment.

[www.mskcc.org/cancer-care/suburban-outpatient/msk-commack](http://www.mskcc.org/cancer-care/suburban-outpatient/msk-commack)

#### **MSK Nassau**

1101 Hempstead Turnpike

Uniondale, NY 11553

To schedule an appointment, call 646-227-3700 and fax your prescription to 646-227-7259. You need to fax your prescription before you can schedule an appointment.

[www.mskcc.org/locations/directory/msk-nassau](http://www.mskcc.org/locations/directory/msk-nassau)

## **New Jersey**

### **MSK Basking Ridge**

136 Mountain View Boulevard

Basking Ridge, NJ 07920

To schedule an appointment, call 908-542-3200 and fax your prescription to 201-691-6431. You need to fax your prescription before you can schedule an appointment.

[www.mskcc.org/cancer-care/suburban-outpatient/mskcc-basking-ridge](http://www.mskcc.org/cancer-care/suburban-outpatient/mskcc-basking-ridge)

### **MSK Monmouth**

480 Red Hill Road

Middletown, NJ 07748

To schedule an appointment, call 848-225-6327. You need to send your prescription before your appointment.

[www.mskcc.org/locations/msk-monmouth](http://www.mskcc.org/locations/msk-monmouth)

### **MSK Bergen**

225 Summit Avenue

Montvale, NJ 07645

To schedule an appointment, call 201-775-7000. You need to send your prescription before your appointment.

[www.mskcc.org/locations/directory/msk-bergen](http://www.mskcc.org/locations/directory/msk-bergen)

If you had mammograms done outside of MSK, remember to bring your entire film file with you when you return to MSK. Your doctor needs these films to compare your results. If you'll continue to have your mammograms done at MSK, you can leave your film files with MSK.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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