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PATIENT & CAREGIVER EDUCATION

# Caring for Yourself After Neck Surgery

This video explains things you can do every day to be more comfortable after your neck surgery.

 Please visit [www.mskcc.org/pe/caring\\_after\\_neck\\_surgery](http://www.mskcc.org/pe/caring_after_neck_surgery) to watch this video.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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