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PATIENT & CAREGIVER EDUCATION

# How to Give a Subcutaneous Injection Using a Prefilled Syringe

This video will demonstrate how to give yourself an injection under your skin, which is called a subcutaneous injection, or a sub-Q shot.



Please visit [www.mskcc.org/pe/subq](http://www.mskcc.org/pe/subq) to watch this video.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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