

Product Sheet: BREAST-Q®

The BREAST-Q® is a rigorously developed patient-reported outcome measure for use in cosmetic and reconstructive breast surgery and clinical practice. Certain scales of the BREAST-Q® Reconstruction module have been qualified by the U.S. FDA as a Medical Device Development Tools (MDDT) for use in research studies. The BREAST-Q® questionnaires for Breast Cancer have been included in the ICHOM BREAST Cancer Standard Set to enable hospitals around the world to compare outcomes.

Potential applications include:

- **Research:** Can be used in research studies and clinical trials to study different approaches to treatment.
- **Industry R&D:** Carefully designed to meet the requirements of regulatory bodies.
- **Benchmarking:** Can be used to benchmark outcomes in quality improvement initiatives.
- **Patient Care:** Designed using a modern psychometric approach to facilitate use in patient care.

Licensing

Licensing fees vary, depending upon the number of scales selected, the number of patients, and the field of use (eg, clinical trials run by a for-profit entity or an electronic platform for PROMs administration).

For pricing and licensing: Contact the licensing team at qotdtrm@mskcc.org

The BREAST-Q® is available at no charge to non-profit entities for use in research and clinical practice. For information, please contact: qportfolioteam@gmail.com.

BREAST-Q® Modules Available for Licensing

- **BREAST-Q: Augmentation**
 - **Quality of Life:**
 - **Physical Well-being: Chest**
 - **Psychosocial Well-being**
 - **Sexual Well-being**
 - **Satisfaction:**
 - **Breasts**
 - **Information: Surgery**
 - **Medical Team**
 - **Office Staff**
 - **Outcome**
 - **Surgeon**
- **BREAST-Q: Breast Conserving Therapy**
 - **Satisfaction**
 - **Breasts**
 - **Surgeon**
 - **Office Staff**
 - **Medical Team**
 - **Information: Surgeon**
 - **Information: Radiation**

- **Quality of Life**
 - **Adverse Effects Radiation**
 - **Cancer Worry**
 - **Fatigue**
 - **Impact on Work**
 - **Physical Well-being: Chest**
 - **Psychosocial Well-being**
 - **Sexual Well-being**
- **BREAST-Q: Mastectomy**
 - **Satisfaction**
 - **Breasts**
 - **Surgeon**
 - **Office Staff**
 - **Medical Team**
 - **Quality of Life**
 - **Adverse Effects Radiation**
 - **Cancer Worry**
 - **Fatigue**
 - **Impact on Work**
 - **Physical Well-being: Chest**
 - **Psychosocial Well-being**
 - **Sexual Well-Being**
- **BREAST-Q: Reconstruction**
 - **Expectations**
 - **Abdomen**
 - **Appearance**
 - **Coping**
 - **Medical Team**
 - **Pain**
 - **Sensation: Breasts**
 - **Satisfaction**
 - **Breasts**
 - **Back**
 - **Surgeon**
 - **Office Staff**
 - **Medical Team**
 - **Information**
 - **Sensation**
 - **Breast Sensation**
 - **Breast Symptoms**
 - **Quality of Life Impact**
 - **Quality of Life**
 - **Adverse Effects Radiation**
 - **Animation Deformity**

- **Cancer Worry**
- **Fatigue**
- **Impact on Work**
- **Physical Well-being: Abdomen**
- **Physical Well-being: Back & Shoulder**
- **Physical Well-being: Chest**
- **Psychosocial Well-being**
- **Sexual Well-being**
- **BREAST-Q: Reduction/Mastopexy**
 - **Quality of Life**
 - **Physical Well-being: Chest**
 - **Psychosocial Well-being**
 - **Sexual Well-being**
 - **Satisfaction**
 - **Breasts**
 - **Information: Surgery**
 - **Medical Team**
 - **Office Staff**
 - **Outcome**
 - **Surgeon**

For More Information

For detailed background on the BREAST-Q® questionnaire, including its development and validation process, module design, available translations, and user guide, as well as key publications, please visit the Q Portfolio's [website](#).